

DALESRAIL WALKS PROGRAMME 2022

Guided Walks

An extensive programme of guided walks with experienced guides provides a great opportunity to see the best of the Yorkshire Dales, the Eden Valley and the western side of the Northern Pennines. You are most welcome to join any of these guided walks. At all times, safety is your own responsibility. The guides reserve the right to vary walks dependent upon the weather conditions and the capabilities of the walking parties. The walks are arranged by 'Lancashire Rail Ramblers' (Visit their website at www.railramblers.wordpress.com) and are led by volunteers from the Ramblers Association. Each walk is graded: choose to suit yourself. Should you have any doubts about your capabilities on the hills, avoid 'strenuous' graded walks.

Grades of walks

Easy stroll: Suitable for those not accustomed to walking in the countryside – these are the **G and H walks**.

Easy: A slower paced walk than for 'Moderately Easy' walks and with short periods of rest. These are normally the **F walks**.

Moderately easy: A generally easy walk which may include some short rather steep inclines, normally shown as **E walks**.

Moderate: A countryside walk for the average regular rambler. These walks may contain some climbing and ridge walking, but generally no scrambling. Normally designated **D walks**.

Within **E and D walks** are some guided walks shown as 'Climb a peak slowly' where the grades are up to one grade higher than normal, but the length is shorter and the speed of the walk is slower – but you can climb to the highest peaks in the area and feel that extra pleasure of the experience. Many of the lower graded walks are themed as 'Flower Walks' or 'History Walks' and 'Map Reading Walks' – all are very popular.

We also have more strenuous walks

Moderately strenuous: Walks suitable for the experienced energetic walker, often at high level and over rough ground. These are the **C graded walks**.

For all walks you should have strong comfortable non-slip footwear, warm outdoor clothing and outer wind and waterproofs if the weather warrants it. On most walks, stops are made, often in the countryside, for lunch and tea, so remember to bring your own food, snacks and a drink, especially when it is hot. Where an additional coach or train journey is required for part of the walk (see walk details – highlighted in yellow), an additional fare will be payable. Details of the walks available each SUNDAY may be found on the internet at www.dalesrail.com or further detailed information may be had from walks leaders on the Lancashire DalesRail trains.

DALESRAIL WALKS PROGRAMME 2022

MAY 2022

SUNDAY 15th MAY 2022

B Walk 13 miles strenuous Alight and return Horton in Ribblesdale.

Peaks & Edges No.5 – Pen-y-Ghent. Horton in Ribblesdale – Scar Lane – Hull Pot – Horton Moor – Swarth Gill Gate – Foxup Moor – Plover Hill – Pen y Ghent Summit – Crooke – Crooke Gill – Blishmire House – Dale Head – Churn Milk Hole – Long Lane – Dub Cote – Horton in Ribblesdale.

D Walk 10 miles moderate Alight Horton in Ribblesdale return Ribblehead.

Horton in Ribblesdale – New Houses – Fawber – Top Farm – Pennine Way at Canal Cavern – Birkwith Moor – Cow Pasture at High Greenfield – Ling Gill Bridge – New House Barn – Ling Gill Rigg – Nether Lodge – Ingman Lodge – Gauber Road – Ribblehead.

E Walk 7 miles moderate Alight and return Horton in Ribblesdale.

Climb a peak slowly – Pen y Ghent. Horton in Ribblesdale – Brackenbottom – Brackenbottom Scar – Pen y Ghent Summit – Pennine Way – Horton Moor – Hull Pot – Scar Lane – Horton in Ribblesdale.

SUNDAY 22nd MAY 2022

C Walk 12 miles moderately strenuous Alight Hellifield return Settle.

Hellifield – New House Lane – Scalehaw Hill – New Pasture Plantation – Bookil Gill Beck – Langber Lane – Scaleber Force – Black Gill Lane – Ebor Gate – Rye Loaf Hill – Pennine Bridleway – Attermire Scar – Settle.

D Walk 10 miles moderately strenuous Alight Horton in Ribblesdale return Settle.

Horton in Ribblesdale – Ribble Way – Cragghill Farm – Helwith Bridge – Moor Head Lane – Sannat Hall Farm – Henside Road – Great Catrigger Pasture – Catrigger Force – Upper Winskill – Jubilee Cave – Attermire Scar – Settle.

E Walk 7 miles moderately easy Alight and return Appleby.

Appleby – Stank Lane – Stank Wood – Shepherds Cottage – Brackenthwaite – High Cup House – Keisley Bridge – Castle Hill – Black Hill – Hungriggs – Appleby.

SUNDAY 29th MAY 2022

C Walk 11 miles strenuous Alight and return Kirkby Stephen.

Peaks & Edges No.7 – Nine Standards Rigg. Kirkby Stephen – Halfpenny House – Stenkrith Bridge – Disused Railway – Hartley – Fell House – Hartley Fell – Faraday Gill – Nine Standards Rigg – Rollinson Hags – Dukerdale Pots – Nateby Common – Nateby – Halfpenny House – Kirkby Stephen Station.

D Walk 10 miles moderate Alight Dent return Ribblehead.

Dent – Coal Road – Crosshills Wold – Green Bank – Cross Coal Pits – Arten Gill – Stone House Bridge – Dales Way – Bridge End – Dent Head Farm – Bleamoor Tunnel – Little Dale – Batty Green – Ribblehead.

F Walk 5 miles easy Alight and return Carlisle.

A stroll along the River Caldew/Cumbria Way from Carlisle to Dalston. **Return by train to Carlisle (fare extra).**

JUNE 2022

SUNDAY 5th JUNE 2022

B Walk 13 miles strenuous Alight Garsdale return Kirkby Stephen.

Peaks & Edges No.2 – Mallerstang Edge. Garsdale – East Mud Becks – Cock Lakes – Grisedale Crossing – Blades Footbridge – Beck Side – High Hall – The High Way – Hell Gill Bridge – High Rigg – Hangingstone Scar – Gregory Chapel – High Seat – Fell End Quarry – Fair Hill – Great Bell – Thringill – Nateby – Halfpenny House – Kirkby Stephen.

D Walk 10 miles moderate Alight and return Garsdale.

Grisedale – The Dale That Died. Garsdale – Blake Mire – Rowantree – Reachey – Round Ing – Flust – Grisedale Common – High Shaw Paddock – Aisgill Moor Cottages – Hellgill Force – Hell Gill Bridge – The High Way – Johnston Gill – Cobbles Plantation – Moorcock Inn – Garsdale.

E Walk 7.5 miles moderately easy Alight and return Kirkby Stephen.

Kirkby Stephen – Halfpenny House – Wharton Hall – Mire Close Bridge – Thringill – Nateby – Lockthwaite – Birkett Hill – Ewbank Scar – Bollam Bridge – Castle Hill – Franks Bridge – Kirkby Stephen – Stenkrith Park – Halfpenny House – Kirkby Stephen.

SUNDAY 19th JUNE 2022

C Walk 12 miles strenuous Alight and return Garsdale.

Peaks & Edges No.6 – Knoutberry Haw. Garsdale – High Scale – Knudmaning – Old Road – Riggs – East Bough Fell – Knoutberry Haw – West Bough Fell Tarn – Rawthey Gill Foot – Dover Gill – Flust – Grisedale Common – South Lunds Pasture – Grisedale Crossing – Moorcock Inn – Garsdale.

D Walk 10 miles moderate Alight and return Horton in Ribblesdale.

Horton in Ribblesdale – Sulber Nick – Pennine Bridleway – Norber – Norber Boulders – Nappa Scars – Crummack Lane – Slaindale – Mill Bridge – Newfield House – Swarth Moor – Dry Rigg Quarry – Foredale – Arcow Quarry – Cragg Hill Farm – Tay Bridge – Horton in Ribblesdale.

E/F Walk 8 miles easy Alight and return Langwathby.

Winskill – Hunsonby – Long Meg – Addingham Church – Long Meg Farm – Little Salkeld Mill – Langwathby

SUNDAY 26th JUNE 2022

SEDBERGH

D Walk 8 miles moderately strenuous Alight Kirkby Stephen return Garsdale.

Kirkby Stephen – **Coach to Cross Keys** – Cautley Spout – Force Gill Beck – The Calf – Calders – Rowantree Grains – Arant Haw – Winder – Lockbank Farm – Settlebeck Gill – Sedbergh – **Coach to Garsdale.**

E Walk 7 miles moderately easy Alight Kirkby Stephen return Garsdale.

Kirkby Stephen – **Coach to Fell End** – Low Sprintgill – Murthwaite Rigg – Murthwaite – Murthwaite Park – Northwaite – Cautley Beck – Crook Holme – Fawcett Bank – Thursgill – Straight Bridge – River Rawthey – New Bridge – Sedbergh – **Coach to Garsdale.**

F Walk 5 miles easy stroll/visit Alight Kirkby Stephen return Garsdale.

From Sedbergh a short walk along the Dales Way returning by Briggflatts (Friends Meeting House). A short exploration of the delightful historic town of Sedbergh. **Coach to Sedbergh and return to Garsdale.**

JULY 2022

SUNDAY 3rd JULY 2022

C Walk 12 miles moderately strenuous Alight Dent return Garsdale.

Dent – Cowgill – Dockray Bridge – Peggy’s Hill – Dandra Garth – Mill Bridge – Cock Brow – Old Road – Grisedale Road – East House – High Shaw Paddock – Shotlock Tunnel – Beck Side – Blades – Cobbles Plantation – Moorcock Inn – Garsdale Station.

D Walk 10 miles moderate Alight Langwathby return Lazonby.

Langwathby – Hunsonby – Little Salkeld – Long Meg and her daughters – Addingham Church – Glassonby – Old Parks – Romany Memorial – Kirkoswald – Eden Bridge – Lazonby.

E Walk 8 miles easy Alight Horton in Ribblesdale return Settle.

Moughton – Wharfe – Higher Bank House – Feizor – Stackhouse – Settle.

G Walk 4 miles easy stroll Alight and return Carlisle.

Carlisle just beyond. 94.5 miles to Glasgow. Homes of magnets, musicians and military men. For Knowefield, Kells Place and Tarraby Lane. For Hysop Holme, Gosling Syke and the Two Crowns, come to Stanwix.

SUNDAY 10th JULY 2022

C Walk 12 miles moderately strenuous Alight and return Appleby.

Appleby – Stank Wood – Langton – Espland – Platts – Sandford – Ormside – Appleby.

D Walk 9 miles moderate Alight and return Kirkby Stephen.

Christopher Brow Top – Ash Fell Edge – Smardale Bridge – Smardale Viaduct – Old line of Stainmore Railway – Waitby – Sandwath – Kirkby Stephen.

E Walk 8 miles easy Alight Ribblehead return Horton in Ribblesdale.

Ribblehead Nature Reserve – Colt Park – Selside – High Birkwith – Ribble Way – Horton in Ribblesdale.

F Walk 4 miles easy Alight and return Langwathby

Paces Through the Past – Eden Hall. A raised Village, a deserted church and a vanished hall. Tales of Drovers and Reivers, of Potters and Plague. Tales of Baronets, of Sheriffs and men of the cloth. Enjoy returning via Ladies Walk for the Eden bank’s flowers

SUNDAY 17th JULY 2022

B Walk 13 miles moderately strenuous Alight Hellifield return Settle.

Hellifield – Gallaber Park – Bendgate – Cow Bridge – Ribble Way – Seed Hill – Hard Head Farm – Boostagill – Hensley Hill – Scoutber End – Bull Hurst – Low Bank Farm – Cocket Moss – Birchshow Rocks – Lower Wham – Brown House Barn – Back Lane – Tipperthwaite Barns – Giggleswick – Settle.

D Walk 10 miles moderate Alight Dent return Garsdale.

Coal Road – Galloway Gate – Cowgill Head Bridge – Cowgill Wold – Sikes Pits Brae – Sikes Pits Gill – Middle o’ Moor End – Thwaite Bridge – Cotterdale Plantation – Yore House – Moorcock Inn – Garsdale Station

E Walk 8 miles moderately easy Alight and return Kirkby Stephen.

Lane Head – Limekiln Hill – Smardale Fell – Smardale Hall – Old Railway Line – Greenriggs – Kirkby Stephen – Kirkby Stephen Station

SUNDAY 24th JULY 2022

C Walk 10 miles moderately strenuous Alight and return Appleby.

Appleby – Well House Road – Langton – Ellerholme – Hilton Beck – Hilton Bridge – Backhouse – Murton – Cringle Hole – Murton Pike – Trough Keld Spring – Murton – Shepherds Cottage – Stank Wood – Stank Lane – Appleby.

D Walk 10 miles moderate Alight Dent return Ribblesdale.

Peaks & Edges No.8 – Great Knoutberry Hill. Dent – Coal Road – Green Bank – Great Knoutberry Summit – Arten Gill Moss – Swineley Cwm – Newby Head Gate – Ribble Way – Black Rake Road – Gate Cote Hill – Gearstones – Ribblesdale.

E Walk 7 miles moderately easy Alight Lazonby return Armthwaite.

Fiddlers Lane – Eden Bridge – Kirkoswald Church and Castle – Kirkoswald (Medieval origin) – Staffield – Chapel Hill – Broad Wood – Ruckcroft – Langdales – Coombs Wood – Armthwaite.

G Walk 2 miles easy Alight and return Carlisle.

Carlisle through the back door: Walk through urban wilderness alongside River Caldew to city centre and Tullie House Museum. Hear about the 1984 train crash, the 2005 floods and the great Bourbon Biscuit Crisis.

SUNDAY 31st JULY 2022

SWALEDALE

C Walk 10 miles moderately strenuous Alight and return Ribblesdale.

Ribblesdale – **Coach to Thwaite** – Pennine Way – Great Shunner Fell – Crag End Beacon – Herne Top – Hardraw – Haylands Bridge – Hawes – **Coach to Ribblesdale**.

D Walk 8.5 miles moderate Alight and return Ribblesdale.

Ribblesdale – **Coach to Thwaite** – Pennine Way – Kisdon – North Gang Scar – Birk Hill – Kisdon Force – Crackpot Hall – Swinner Gill Lead Mines – Arn Gill Scar – Ivelet Side – Cock Crow Scar – Gunnerside – **Coach to Ribblesdale**.

E Walk 7 miles moderately easy Alight and return Ribblesdale.

Ribblesdale – **Coach to Grinton** – Marrick Priory – Coffin Trod – Marrick – Fremington Edge – White House – Reeth. **Coach to Ribblesdale**.

AUGUST 2022

SUNDAY 7th AUGUST 2022

C Walk 11 miles moderately strenuous Alight Garsdale return Kirkby Stephen.

Lady Anne Clifford's Walk: The Highway – Hell Gill Bridge – Outhgill – Pendragon Castle – Lammerside Castle – Wharton Hall – Nateby – Kirkby Stephen.

D Walk 10 miles moderate Alight Horton in Ribblesdale return Settle.

Moughton – Long Scar – Moughton Scar – Lower Bark House – Hargreaves Barn – Stainforth – Langcliffe – Settle

E Walk 8 miles easy Alight and return Appleby.

Appleby – Shepherds Cottage – Murton – Hilton – Langton – Appleby.

F Walk 5 miles easy Alight and return Carlisle.

Carlisle: Just beyond the Caldew. Home of Beetlers, Bleachers and Bacon Curers. For Smiths' Spirals, Spinners', Shrimps and Scandinavian Salmiak. For Sir James' 'Tuethur' and the Coffee House in Fergie's time. Come to Denton Holme.

SUNDAY 14th AUGUST 2022

B Walk 13 miles strenuous Alight Garsdale return Kirkby Stephen.

Peaks & Edges No.4 – Wild Boar Fell. Garsdale – Blake Mire – Moor Rigg – East House – Grisedale Common – Swarth Fell – Wild Boar Fell – High Dolphinsty – Little Fell – Tommy Road – Croop House – Mire Close Bridge – Thringill – Nateby – Halfpenny House – Kirkby Stephen.

D Walk 10 miles moderate Alight and return Settle.

Settle – Brackenber Lane – Littlebank Barn – Littlebank – Swainstead Raike – Lower Sheep Wash – Hanover Gill – Brown Hills – Gisburn Common – Sandford Farm – Lower Wham – Rome – Field Gate – Close House – Giggleswick – Settle.

E Walk 8 miles easy Alight and return Appleby.

Flakebridge Woods – Dufton Gorge – Dufton – Brampton – Appleby.

SUNDAY 21st AUGUST 2022

B Walk 13 miles strenuous Alight Dent return Ribblesdale.

Peaks & Edges No.3 – Whernside. Dent – Lea Yeat – Dales Way – Ewegales Bridge – Laithbank – Rigg End – Craven Way – Boot of the Wold – Whernside Tarns – Whernside Summit – Bruntskar – Philpin Lane – Great Douk Cave – Sleights Pasture Rocks – Ancient Farmstead – Gauber – Ribblesdale.

D Walk 10 miles moderate Alight and return Kirkby Stephen.

Kirkby Stephen – Lane Head – Moor End – Bullgill – Lammerside Castle – Birkett Bottom – Tommy Road – Pendragon Castle – Southwaite – Carr House – Great Bell – Thringill – Nateby – Bridleway – Castle Hill – Franks Bridge – Kirkby Stephen – Stenkrith Park – Halfpenny House – Kirkby Stephen Station.

E Walk 7 miles easy Alight and return Garsdale.

Garsdale – Dandy Mire Viaduct – Moorcock Inn – Cobbles Plantation – The High Way – Carrs – Thwaite Bridge House – Cotterside Plantation – Yore House – Moorcock Inn – Garsdale.

F Walk 6 miles easy Alight and return Armathwaite.

Paces through the past. For Ralf Hermetson's Clearing, Hanging Brow Wood, Bascodyke Head, Haggett House and Red Lion Holme. For the Village's Villa, Mitcheson's Vista and, Perhaps, the Foxs' Victuals.

SUNDAY 28th AUGUST 2022

WENSLEYDALE

C Walk 11 miles moderately strenuous Alight and return Ribblesdale.

Ribblesdale – Gearstones – Dales Way – Cam End – Pennine Way – Kidhow Gate – Ten End – Gaudy Lane – Gayle – Hawes – **Coach to Ribblesdale.**

D Walk 10 miles moderate Alight and return Ribblesdale.

Ribblesdale – **Coach to Hawes** – Wether Fell – Marsett – Semer Water – Burtersett – Hawes – **Coach to Ribblesdale.**

E Walk 7 miles easy Alight and return Ribblesdale.

Ribblesdale - **Coach to Wensley** – Wensley Bridge – Scaw Bottom – River Ure – Batt Island – Force Scar – Hestholme Farm – Aysgarth Lower Falls – Aysgarth – **Coach to Ribblesdale**.

SEPTEMBER 2022

SUNDAY 4th SEPTEMBER 2022

C Walk 11 miles strenuous Alight Ribblesdale return Horton in Ribblesdale.

Peaks & Edges No.1 – Ingleborough. Ribblesdale – Gauber – Colt Park – Park Fell – Simon Fell (Lord's Seat) – Ingleborough Summit – Little Ingleborough – Gaping Gill – Trow Gill – Long Scar – Sulber Gate – Sulber Nick – Horton in Ribblesdale.

D Walk 9 miles moderate Alight Horton in Ribblesdale return Ribblesdale.

Horton in Ribblesdale – Sulber Nick – Simon Fell Breast – Ingleborough Summit – Green Hill – Black Rock – Park Fell – Gauber High Pasture – Ancient Farmstead – Ribblesdale.

E Walk 8.5 miles moderate Alight Hellifield return Settle.

Hellifield – Haw Lane – Little Newton – Waterfall Rock – Langber Lane – Ouskill Barn – Ebor Gate – Scaleber Force – Lambert Lane – Cowpasture Plantation – Brockhole Lane – Settle.

F/G Walk 4 miles easy Alight and return Carlisle.

Carlisle - Rickerby Park, River Eden and Stanwix.

SUNDAY 11th SEPTEMBER 2022

C Walk 13 miles moderately strenuous Alight Dent return Ribblesdale.

Coal Road – Green Bank – Swineley Cwm – Newby Head Gate – Ribblesdale Way to Gavel Gap and source of the Ribblesdale – Cam High Road – Dales Way – Gearstones – Ribblesdale

D Walk 9 miles moderate Alight and return Lazonby & Kirkoswald.

Lazonby & Kirkoswald – Fiddlers Lane – Eden Bridge – Kirkoswald – Old Parks – Viol Moor – Mooredge – Park Head – Raven Beck – Kirkoswald – Lazonby & Kirkoswald.

E Walk 7 miles easy Alight and return Settle.

Settle - Ribblesdale Way – Stainforth Foss – Catrigger Foss – Jubilee Cave – Attermire Scar - Settle.